

# D1 Test Outline

(to be used in conjunction with the D Standard and the "D" Pony Club Manual, 2nd edition)

**Attire:** Wear a PC pin, a medical armband or bracelet, and either a tucked-in green CB polo, a white polo with short or long sleeves, or a riding shirt. Riding coat, sweater, vest, CB or plain sweatshirt if needed. Gloves and belts are optional.

Ds can wear any color pants and helmet. Wear a hair net plus braid your hair if long.

Half-chaps are encouraged. If no half-chaps, then jodhpur pants will need straps on the bottom or breeches will need garters.

Clean boots. Have clean, safe tack with a white or conservative-colored saddle pad on a clean horse. Hooves picked out, tail brushed well, eyes, nose and dock clean.

**Tack:** Wear your jump tack and jumping boots, if used, to Turnout **but with a snaffle bit or your reins attached to the snaffle ring of your bit**; change bit or bridle if needed for jumping.

**Needed items:** rubber curry comb, a soft brush if clipped or a summer coat or a dandy brush if a winter coat, a hoof pick, a completed **Stall Card**, a copy of this outline for the tester if they don't have one, and a **STAPLED** copy of the **D1 Test** with just your full name written at the top of the first page plus your first name at the bottom of every page.

\*\*We are not requiring TPRs on the stall cards for the D1. We will talk about how to do TPRs for the D2. Tell your tester.

Copies of the test, the stall card form and blank medical card forms are available on our web site at [www.coveredbridgepc.org](http://www.coveredbridgepc.org)

>Pony Club Forms. A stall card is attached to this outline also.

**\*Do NOT keep your test when finished – give to one of the parents who agree to bring/email to Peggi or the Barn Mom.**

## Turnout

Rider - dress as described above. (D 25-26; 298-306)

Pony grooming - eyes, nose, lips and dock wiped off; no dust. (D 182-187; 307-309)

Tack - safe and clean. (D 27; 306-307)

Name 6 saddle parts and 4 bridle parts.

Demonstrate how to groom mount with currycomb and brush. (D 184-187)

Correctly pick out feet. (D 216-219)

Tack up and untack mount with assistance. (D 162-168)

## Leading

**Approaching and Leading** (D 147-152)

**Speak** to the pony as you approach so that you don't startle him.

Approach at the **shoulder** and pat his neck.

Standing by the left shoulder, facing forward, put the lead rope around his neck so he will stand still.

Holding halter with the buckle in the left hand and the crownpiece in the right, slip the noseband onto his nose while reaching under his neck to flip the crownpiece over behind his ears. Buckle the halter.

When leading a pony, always use a **lead rope** (unless he has a bridle on). *Fold* the end in your left hand (*never wrap it around your hand!*) while holding the rope with your right hand about **6"** from the halter.

To lead forward, stand next to his neck facing **forward**. Say "Walk" and push your hand forward while stepping forwards yourself. Never turn to face him and pull.

**Show walk-halt-walk transitions.** \*To **turn**, always go the **right** - pushing his head *away* from you so he won't step on your toes.

## Breeds, Parts of Pony, Colors

Ten parts of the pony. (D 246)

Know color and breed of own mount or school pony that you ride. (D 245-247; 252-255)

## Riding On the Flat

Mount and dismount. (D 28-30)

Pick and hold the reins correctly at the halt. (D 34-37)

Shorten and lengthen reins correctly at the halt. (D 37)

Correct basic position at the halt and walk. (D 31-34)

Drop and pick up stirrups at the halt. (D 31)

Ride with control at the walk and trot, staying on the rail. (D 37-42)

Change of direction at the walk and trot. (D 42-44)

Show gradual transitions from walk to trot to halt. (D 48)

## Riding Over Fences -

Walk over poles on the ground in **jumping position**. (D 94-98)

Reasons for a **different position** over fences than on the flat - (D 45-46, 96)

The "half-seat", "two-point" or "jumping" position -

- 1) keeps the **rider in balance** with his pony when he goes over jumps
- 2) allows pony to **stretch his neck** out to see where he is going
- 3) makes it easier for pony to **pick up his feet** properly

## Conditioning

One reason for **cooling pony out** properly after exercise - (D 177)

- 1) to prevent **chills**
- 2) he could get muscle **cramps**
- 3) he could **colic** (a stomach ache)

## Nutrition

**How to give feed to pony** - (D 202-206)

**tidbit** - hold it on your **flat, open hand** so he doesn't accidentally bite your fingers.

**water** - a pony should have all of the clean, fresh water he wants *unless* he is hot and sweaty. Water buckets should be cleaned daily; water troughs at least once a week.

Break ice in buckets and troughs during cold weather at least twice a day.

Name a **succulent** – ex. carrot, apple.

## Stable Management

Two reasons for cleaning tack - (D 273)

- 1) to keep it in good, safe condition so that it won't **break** while you are riding
- 2) worn, cracked or dirty tack can cause **sores** on you or your pony
- 3) lasts **longer**

## Travel Safety (D 127-128)

**Rules for safe riding in a group in an enclosed area:**

- 1) keep at least **one pony length** between you and any other ponies
- 2) ask **permission to enter** the ring so you don't startle other ponies
- 3) never **pass** close to another pony - circle or cut through the middle
- 4) everyone should try to all ride in the same direction. If not, **pass left hand to left hand** (stay to the right, like cars on the road).
- 5) if you need to slow down or stop, go to the middle of the ring - **don't stop on the outside track**

## **Record Book** (D 196-197)

**Stall card:** Fill your local info out on the card with phone numbers. Describe the horse - color, markings, height - no picture needed. Find an older PCr to help with TPRs. At least fill in the averages – Temp – 100\*; Pulse – 40; Resp - 10

### **Why is the stall card important?** (D. 196)

They provide quick access to information about your pony that may be important in an emergency plus gives contact numbers if you are not there. The TPRs on the card tell the vet what is normal for your pony so he can decide if he needs to treat him.

**Teaching** – Name an instructor where you ride.

## **Health Care/Vet** (D 222)

**Veterinarian** = animal doctor who takes care of horses.

One reason for **the vet to treat your pony:**

- 1) he is refusing to **eat**
- 2) he has a bad cut or **injury**

## **Land Conservation**

List two places near you where there are horse activities, including where you ride.

You can name our CBPC barns: Spring Run, Stone Place, and Paramount Farm.

## **Foot & Shoeing**

One reason to **pick out feet** - (D 214-215)

- 1) check for a **stone** or a nail in his hoof
- 2) to prevent **thrush**

Tell tester if your mount wears shoes or not.

## **Rider Safety**

Three pieces of clothing or equipment to **keep you safe** while riding

- 1) helmet (D 300-301)
- 2) boots with a heel (D 299-300)
- 3) medical armband or bracelet (D 306)

## **Equine Sports**

Name two **Pony Club horse sports:** eventing, dressage, games (D. 4)



# Stall Card

Club or Center/Region \_\_\_\_\_

Rider Name(s) \_\_\_\_\_

**Mount's Name:** \_\_\_\_\_

Competitor #(s): \_\_\_\_\_ Certification(s): \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Height: \_\_\_\_\_

Vital Signs at Rest: Temp \_\_\_\_\_ Pulse \_\_\_\_\_ Resp \_\_\_\_\_

**List competitor information for ALL riders using mount.**

\_\_\_\_\_

Stable Vices: \_\_\_\_\_

Allergies: \_\_\_\_\_

The following information is required so these individuals can be contacted when not on rally grounds. Provide emergency contact information with area codes.

List any medications, supplements, nutraceuticals and/or loose salt administered. Include name and amount(s).

**Chaperone:** \_\_\_\_\_

Cell phone number (\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_

**Adult Emergency Contact:** \_\_\_\_\_

Home phone number (\_\_\_\_) \_\_\_\_\_

Cell phone number (\_\_\_\_) \_\_\_\_\_

**Picture or Physical Description of Mount**

**Veterinarian:** \_\_\_\_\_

Phone number (\_\_\_\_) \_\_\_\_\_

**Farrier:** \_\_\_\_\_

Phone number (\_\_\_\_) \_\_\_\_\_