

## Additional Information (C-2 and up)

Brief description of mount's history (if known), daily routine, and any special care.

## Additional Information (C-2 and up)

Tack used on mount, blanketing requirements.

Place a photographs and/or descriptions of the tack used on your horse in the space above. Include reasons for use if necessary and any specific instructions as to fit.

# Sample (from C-2 Record Book)

\*\*These pages should be deleted from your own Record Book

## Current Conditioning Schedule for an average week:

March-November in Massachusetts

Activity	Specifications	Minutes	Times/week
Dressage/Flat	10 mins. suppling at walk to 30 mins. trot/canter with lots of transitions & some lateral work, 10-20 mins cool-down	40-50	2
Hacks/Trails	Lots of walk & hill work combined with 1-2 ten min trot sets & 1-2 min. 300-325 mpm canter sets, 10-20 mins cool-down	60-120	2
Jumping	Rotation between gymnastics, course work, and cross-country to 3'. (Will needs 15-20 mins warm-up because of his arthritis) 10-20 mins cool-down	45-60	2
DAY OFF	This can be a day completely off or a relaxed walk on the trails	45	1
Long-lining	Interspersed with weekly routine when a light work day is needed.	20-30 mins	
Longeing	I get longed on Will about 3-5x/mo	20-30 mins	
*** Dec-Feb Long easy hacks in the country (walk/little bit of trotting if footing permits) 1hr, 3x/wk			
** Check TPR and Recovery weekly on <u>Sundays</u> after brisk exercise set			

### For D-2 and above

Temp:@rest:	Pulse:@rest	Resp:@rest
99.4	34	11

### For C-1 and above

Recovery at 10 mins:	Pulse: 38	Resp: 12
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# Sample (from C-2 Record Book)

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## Conditioning Changes:

	Date	Activity	Feed Changes	TPR Changes
Change From:	2/28/04	4 trails/wk Mostly walk		R=12 P=35 Recovery: R=5min P=10min
Change To:		3 trails/wk and 2 flat/wk	None	None noted
Change From:	3/20/04	No jumping		
Change To:		Small gymnastics 1x/wk	Addition of canola oil but decrease in rough- age as grass comes up	R=12 P=35 Recovery: R=7min P=18min
Change From:	4/25/04	Small gymnastics 1x/wk		
Change To:		2'6" gymnastic & coursework 2x/wk	From 8 lbs of concen- trate to 6 lbs -- grass is up	R=12 P=35 Recovery: R=5min P=17min
Change From:	5/15/04	2'6" gymnastic & coursework 2x/wk		
Change To:		Gymnastics/coursework to oc- casional 3'3"	None	R=11 P=34 Recovery: R=5min P=15min